



Key Stage 3 - Year 7 and 8

No IKE for Core PE.

Key Stage 4 - Year 9

Week A-

Students will be set a home learning task based on the PE exam knowledge organiser. The uploaded organiser for Year 9 will focus on topic 3 Physical Training. For the Autumn term, there is a focus on Fitness testing and the task is likely to focus on one fitness test at a time, requiring students to revise the component of fitness it's linked to, the protocol or procedure, advantages and disadvantages. Students will be quizzed on it the following classroom based lesson.

Week B-

Students will be set a task that could vary in it's requirements. It could range from practicing a few exam questions, to creating an information sheet on the given topic. The nature of examined content lends itself nicely to variety and teacher interpretation which will be determined at the teachers discretion.

Key Stage 4 - Year 10

Week A-

Students will be set a home learning task based on the PE exam knowledge organiser. The uploaded organiser for Year 10 will focus on topic 1 Anatomy and Physiology. For the Autumn term, there is a focus on the Skeletal system with tasks likely to focus on functions, joints, bones, joint movements and the vertebral column. Students will be quizzed on it the following classroom-based lesson.

Week B-

Students will be set a task that could vary in it's requirements. It could range from practicing a few exam questions, to creating an information sheet on the given topic. The nature of examined content lends itself nicely to variety and teacher interpretation which will be determined at the teachers discretion.

Key Stage 4 - Year 11

No IKE for Core PE.
